

**CHRIST COLLEGE (AUTONOMOUS),  
IRINJALAKUDA**

**IRINJALAKUDA, THRISSUR - PIN 680 125**



**DEGREE OF  
BACHELOR OF SOCIAL WORK (BSW)  
(CHOICE BASED CREDIT AND SEMESTER SYSTEM)**

**UNDER THE**

**FACULTY OF ARTS**

**SYLLABUS**

**(FOR THE STUDENTS ADMITTED FROM THE ACADEMIC YEAR 2014 – 15 ONWARDS)**

**BOARD OF STUDIES IN SOCIAL WORK (UG)**

**IRINJALAKUDA, THRISSUR - PIN**

**680 125 KERALA, 673 635, INDIA**

**JULY, 2014**

## BACHELOR OF SOCIAL WORK (BSW) 2014

### SEMESTER I

	Title Of Courses	Instruction Hours/week	Credits	Exam Hours	Scheme of Examination	
					External Exam Max. Marks	Internal Exam Max. Marks
Common Course I	A01 (English)	4	4	3	80	20
Common Course II	A02 (English)	5	3	3	80	20
Common Course III	A03 (Second Language)	4	4	3	80	20
Core Course I	<b>BSW1 B01</b> Introduction to Social Work	6	5	3	80	20
Complementary I	<b>BSW 1 C0 1</b> Basic Economic Concepts for Social Work	3	2	3	80	20
Complementary II	<b>BSW 1 C02</b> Basic Sociological concepts for Social Work	3	2	3	80	20
<b>Total</b>		25	20		600	

**SEMESTER II**

	Title Of Courses	Instruction Hours/week	Credits	Exam Hours	Scheme of Examination	
					External Exam Max. Marks	Internal Exam Max. Marks
Common Course IV	A 03 English	4	4	3	80	20
Common Course V	A 04 English	5	3	3	80	20
Common Course VI	A 08 Second language	4	4	3	80	20
Core Course II	BSW 2 B 02 Fields of Social Work	6	4	3	80	20
Complementary III	BSW 2 C 03 Observation visits and Rural Camp (P)	3	3	3		50
Complementary IV	BSW 2 C04 Social Problems in India	3	2	3	80	20
<b>Total</b>		25	20		550	

## SEMESTER III

	Title Of Courses	Instruction Hours/week	Credits	Exam Hours	Scheme of Examination	
					External Exam Max. Marks	Internal Exam Max. Marks
Common Course VII	A 05 English	5	4	3	80	20
Common Course VIII	A 09 Second language	5	4	3	80	20
Core Course III	BSW 3 B 03 Social Case work	4	4	3	80	20
Core Course IV	BSW 3 B 04 Field work – Community(P)	5	4	3		100
Complementary V	BSW3 C 05 Psychology for Social Work	3	2	3	80	100
Complementary VI	BSW 3 C 06 Gandhian Philosophy for Social Workers	3	2	3	80	20
<b>Total</b>		25	20		600	

**SEMESTER IV**

	Title Of Courses	Instruction Hours/week	Credits	Exam Hours	Scheme of Examination	
					External Exam Max. Marks	Internal Exam Max. Marks
Common Course IX	<b>A 06</b> English	5	4	3	80	20
Common Course X	<b>A 10</b> Second Language	5	4	3	80	20
Core Course V	<b>BSW 4 B 05</b> Working with Groups and Community	4	4	3	80	20
Core Course VI	<b>BSW 4 B 06</b> Field work – Community (P)	5	4	3		100
Complementary V	<b>BSW 4 C 07</b> Human Growth and Development	3	2	3	80	100
Complementary VI	<b>BSW4C 08</b> Community Health and Health Care Services	3	2	3	80	20
<b>Total</b>		25	20		600	

## SEMESTER V

	Title Of Courses	Instruction Hours/week	Credits	Exam Hours	Scheme of Examination	
					External Exam Max. Marks	Internal Exam Max. Marks
Core Course VII	<b>BSW 5 B 07</b> Social Work Administration	5	4	3	80	20
Core Course VIII	<b>BSW 5 B 08</b> Rural and Urban Community Development	5	4	3	80	20
Core Course IX	<b>BSW 5 B 09</b> Social Work Research and Statistics	6	4	3	80	20
Core Course X	<b>BSW 5 B 10</b> *Agency Based Concurrent Fieldwork 20 days	6	4			100
Open Course I	<b>BSW5 D 01</b> Community Health and Health Education	3	2	3	50	10
Open Course II	<b>BSW5 D 02</b> Essential Legal Information					
Open Course III	<b>BSW5 D 03</b> Gender and Development					
<b>Total</b>		25	18		450	

## SEMESTER VI

	Title Of Courses	Instruction Hours/week	Credits	Exam Hours	Scheme of Examination	
					External Exam Max. Marks	Internal Exam Max. Marks
Core Course XI	<b>BSW 6 B 11</b> Professional Skill Development	5	4	3	80	20
Core Course XII	<b>BSW 6 B 12</b> Legal Information for Social Workers	5	4	3	80	20
Core Course XIII	<b>BSW 6 B 13</b> Family Life Education	5	4	3	80	20
Core Course XIV	<b>BSW 6 B 14</b> *Block Fieldwork (25 days/one month)	5	4			100
Elective Courses	<b>BSW 6 E 01</b> Gender and Development <b>BSW 6 E 02</b> Social Movements and Social Development <b>BSW 6 E 03</b> Social Work with elderly	3	4	3	40	10
<b>(PR)</b>	Project	2	2		40	10
<b>Total</b>		25	22		500	

**FIELDWORK**

Fieldwork in each semester should consist of the number of hours stipulated in the scheme.

Sl.No	Criteria for evaluation	Percentage of marks
1.	Daily Report	50
2.	Summary Report	10
3.	Evaluation by faculty and Agency supervisors	20
4.	Seminar on Fieldwork	20

Sl.No	Criteria	Split up of criteria
1.	Daily Report	Regularity and Punctuality in submission
		Ability to integrate theory in reporting
		Analytical Skills
		Clarity in presenting ideas
		Language skills
2.	Summary Report	Ability to summarise and present information and conclusions briefly
		Language skills
3.	Evaluation by faculty and Agency supervisors	Ability to perform the assigned functions
		Ability to work in a team and with different types of people
		The extent to which the learning opportunities are used
4.	Seminar on Fieldwork	Preparation and Presentation
		Use of audio Visual Aids
		Participation in discussion

**PROJECT**

The student has to prepare and submit a dissertation under the guidance of a faculty member. He or she may take up a problem related to the subject and should prepare a research proposal, develop instruments for data collection and collect data, analyse and interpret data and prepare a research report. The length of the report may be between 30 – 40 pages and it should not exceed 40 pages.

**Bachelor of Social Work - BSW****ELIGIBILITY CRITERIA FOR ADMISSION**

The applicant for admission to BSW in the University of Calicut must have a pass in pre degree/plus two/equivalent examination. Admission will be based on the marks scored in the qualifying examination.

**CREDIT AND MARK DISTRIBUTION FOR BSW**

Sem	Common Course		Core Course	Complementary Course		Open Course	Elective Course	Total	
	English	Additional Language							
I	4	3	4	5	2	2		20	
II	4	3	4	4	*3	2		20	
III	4	4	4	*4	2	2		20	
IV	4	4	4	*4	2	2		20	
V			4	4	4	*4		2	18
VI			4	4	4	* **		4	22
Total	22 Credits (600 Marks)	16 Credits (400 Marks)	59 Credits 1450 marks		17 Credits 750 marks		2 Credits 50 marks	4 Credits 50 marks	120 Credits
	38 Credits 1000 marks								3300 Marks

\*Field work

\*\*Project

**BSW MARK DISTRIBUTION**

Common: English	6 x 100	600	1000
Additional : Mal/Hindi	4 x 100	400	
Core: Social Work	14 x 100	1400	1450
Project		50	
Open		50	50
Elective		50	50
Complementary	7 x 100	750	750
			3300

---

**FIRST SEMESTER BSW 1 B 01 INTRODUCTION TO SOCIAL WORK**

---

Credits 5

Hrs/Week 6

**Objectives:**

- **Understand the history of Social Work Profession in India & abroad**
- **Understand the basic values and principles of Social Work profession**
- **Understand the basic concepts relevant to Social Work practice.**

**Unit I** Basic concepts related to Social Work: Social Work, Social Service, Social Welfare, Social Reform, Social Justice, Social Health, Social Security, Social Policy, Social Defense, Social Development, Human Rights, Social Legislation, Social Administration

**Unit II-** Social Work: Meaning, Definitions, Basic Assumptions, Scope, Objectives, and Functions and Methods

**Unit III-** Historical development of Social Work: Development of Professional Social Work- USA, UK, India, and Kerala.  
Development of Social Work education  
Professional aspects of Social Work

**Unit IV-** Basic values, Philosophy and Principles of social work

**Unit V-** Exposure Visits to Social Work Agencies (five agencies)

**Reference:**

- |  |                          |
|--|--------------------------|
| 1. Introduction to Social Welfare:                   | Friendlander W A         |
| 2. Concepts & Methods of Social Work:                |                          |
| 3. Friendlander W A                                  |                          |
| 4. Social Work & Social Work Education:              | M S Gore                 |
| 5. History & Philosophy of Social Work in India:     | A R Wadia                |
| 6. Encyclopaedia of Social Work                      | Jainendra kumar Jha,     |
| 7. Social work - An Integrated Approach:             | Sanjay Bhattacharya,     |
| 8. Social Work - Methods, Practices and Perspectives | Rameshwari Devi and Ravi |
| 9. Introduction to Social Work.                      | Paul Choudhary           |
| 10. Social Work Philosophy & Methods:                | Prakash                  |
|  | P D Mishra.              |

---

**FIRST SEMESTER BSW I C 01- BASIC ECONOMIC CONCEPTS  
FOR SOCIAL WORK**

---

**Credits      2**  
**Hrs/Week    3**

**Objectives:**

- **Understand the basic economic concepts, principles, theories & its application in social work profession**
- **Understand and analyze economic problems with social work perspective**

**Unit I** Economics: Meaning, Definitions. Basic economic questions  
Significance of economic concepts in social work  
Basic Concepts: Factors of Production. Land, Labour, Capital and Organization.

**Unit II-** Economic Problems : Poverty, Unemployment and Over population –  
Meaning, magnitude, causes and consequences.  
Programmes for alleviation of poverty and unemployment

**Unit III-** Economic Systems: Capitalism, Socialism, Mixed Economy – Definitions,  
Features, Advantages and Disadvantages

**Unit IV-** Economic Growth & Development: Definition, Indicators of and Obstacles  
to Economic Development.  
Underdevelopment- Meaning, Characteristics & Causes.

**Unit V** –Indian economy: Characteristics, Problems. Five year plans. Kerala  
economy. Salient Features  
Globalization Privatisation and Liberalisation : Meaning and Implications

**Reference:**

1. Advanced economic theory: Misra & Puri
2. Development & Underdevelopment-  
*The political economy of global inequality:*  
Mitchell A Seligson & John T Passé Smith
3. Indian economy- Problems of development & planning: A N Agarwal
4. India's economic reforms & development: A Vaidyanathan
5. Indian economy towards the 21<sup>st</sup> century: Surendra J Patel
6. Kerala- The development experience Govindan Parayil

---

**FIRST SEMESTER BSW I C 02- BASIC SOCIOLOGICAL  
CONCEPTS FOR SOCIAL WORK**

---

**Credits     2**  
**Hrs/Week   3**

**Objectives:**

- **Provide a sociological perspective for effective social work practice**
- **Familiarize with various sociological concepts, social institutions & its use in social work profession**

**Unit I**

Sociology- Meaning, Definitions, Origin, Development and Importance..  
Primary Concepts in Sociology- Society, Culture, Community- Meaning & Characteristics.  
Significance of sociology in social work

**Unit II**

Role, Status, Social interaction and Social Process.  
Social groups- Types

**Unit III-**

Social institutions- Family, Marriage, Religion, education,

**Unit IV**

Socialization- Agents of Socialization, Theories of Socialization- C.H Cooley's 'Theory of Looking Glass Self', G.H Meads 'Theory of Self' & Freudian theory.

**Unit V**

Social Change- Concept & Characteristics. Social Stratification. Social Control.  
Social Disorganization

**References**

- |  |                             |
|--|-----------------------------|
| 1. Society –An Introductory Analysis:<br>Page  | R.M.MacIver and Charles. H. |
| 2. Social Change in Modern India:  | M.N.Sreenivas               |
| 3. Sociology:  | Anthony Giddens             |
| 4. Sociology: Primary Principles of Sociology<br>with an Introduction to Social Thought: | C.N.Sankar Rao              |
| 5. An Introduction to Sociology:<br>D.R.Sachdeva,  | Vidya Bhushan and           |
| 6. Human Society:  | Kingsley Davis              |

---

**SECOND SEMESTER BSW 2 B 02 - FIELDS OF SOCIAL WORK**

---

**Credits      4**

**Hrs/Week    6**

**Objectives:**

- **Create awareness about enlarging scope of Social Work profession**
- **Familiarize with problems in various fields of Social Work**
- **Acquire skills for working in different areas of Social Work**

**Unit I** Family & Child Welfare: Foster Care, Adoption Services, Family Counselling Centre, Child Guidance Clinics, Sex Education, Premarital Counselling

**Unit II-** Medical & Psychiatric Social Work: Multidisciplinary Approach, Concept of Patient as a Person. Social & Emotional factors involved in disease. Death & Dying. Reaction to terminal illness. Role of medical social worker, role of psychiatric social worker

**Unit III-** Rural & Urban Community Development: Panchayath Raj & Decentralized planning

**Unit IV-** Criminology & Correctional administration. Social Welfare Administration. School Social Work: Adjustmental Problems, Scholastic Backwardness, Learning Disability and Dropouts. Industrial social work- Problems of industrial workers, Absenteeism, Stress, Occupational Hazards.

**Unit V –** Disaster Management- Crisis Intervention. Working with Elderly. Working with Mentally & Physically Challenged  
Community Health

**Reference:**

- |  |                                      |
|--|--------------------------------------|
| 1. Social Work- An Introduction to Field:          | Stroup H .H                          |
| 2. Field Of Social Work                            | Fink A E                             |
| 3. History & Philosophy of Social Work in India:   | A R Wadia                            |
| 4. Social Work, Social Welfare & American society: | Philip R Popple & Leslie Leighninger |
| 5. School Social Work:                             | Anjali Gandhi                        |
| 6. Mental Health in Class rooms                    | Mary Venus, C.J.                     |
| 7. Encyclopedia of Social Work                     |                                      |
| 8. Social Work with Older people:                  | Crawford Walke                       |

---

**SECOND SEMESTER BSW 2 C 04 - SOCIAL PROBLEMS IN INDIA.**


---

Credits 2

Hrs/Week 3

**Objectives:**

- **To provide insight about present social problems and their magnitude.**
- **To enable the students to understand the impact of social problems on social life.**

**Unit I** Social Problems: Meaning, Characteristics, Causes & Types

**Unit II-** Poverty and unemployment: Meaning, Types and Causes. Programmes for alleviating poverty and unemployment.

Population problems: Causes, Characteristics & preventive programmes

Communalism. Casteism and terrorism

**Unit III-** Substance Abuse: Causes, Types, preventive measures

Suicide: Definition, Causes, Preventive Measures and Crisis Intervention.

AIDS; psychosocial & medico legal aspects

**Unit IV:** Crime: Concept, & prevention

Violence against women and prostitution

Human Trafficking. Migration and Displacement

**Unit V –**Juvenile Delinquency: Classification, Causes and Preventive Programmes.

Child abuse: School & Family Interventions.

Child Labour: causes, remedial programmes

**Reference:**

1. Social Problems in India Ram Ahuja.
2. Encyclopedia of Social Problems and Social Change (vol 1-5) Ranjith Rajadhyaksha
3. Social Problems- Society in Crisis. Daniel J.Curran,  
Claire.M.Renzetti
4. Economics of Child Labour K.P.Kannan.
5. Child labour and law- Myth and Reality of Child Welfare P.L.Mehta and S.S.Jaswal
6. Population and Poverty – Current status and Future approaches M.Walter
7. Indian Social Problems G R Madan

---

### **THIRD SEMESTER BSW 3B 03 SOCIAL CASE WORK**

---

**Credits**            4  
**Hrs/Week**        4

**Objectives:**

- **To understand the basic concepts in Social Case Work**
- **To acquaint the students with the process of Social case work**
- **To develop in students the necessary attitude and skills to practice Social case work**

**Unit I** Social Case Work- Meaning, Definitions, Scope, Purpose. Historical development of Case Work. Case work practice in India. Relation to other methods of social work

**Unit II-** Case Work Relationship. Nature and Components. Principles of case work relationship.

**Unit III-**

Components of Case Work- Person, Problem, Place, Process.

Case work process- Study, Diagnosis, Treatment, Evaluation & Termination  
 Case work recording, Treatment Methods

**Unit IV-**

Skills of caseworker, Tools of Case Work- Observation, Interview, Home Visit.  
 Treatment methods in case work, direct treatment, administration of practical services and environmental manipulation

**Unit V** –Counselling in Case Work- Definition, Meaning, Importance, Objectives & Goals, Phases in Counselling. Counselling techniques & areas of Counselling

**Reference:**

- |  |                      |
|--|----------------------|
| 1. The Dynamics of Casework & Counselling:           | Aptekar H H          |
| 2. The Case Work Relationship:                       | Biestek PP           |
| 3. Social Casework:                                  | R K Upadhyay         |
| 4. Theory & Practice of Counselling & Psychotherapy: | Gerald Corey         |
| 5. Introduction to Social Case Work:                 | Grace Mathew         |
| 6. Social Case Work: a Problem Solving Process:      | Helan Harris Perlman |
| 7. -----   | Narayana Rao         |

---

**THIRD SEMESTER**  
**BSW 3 C 05 - PSYCHOLOGY FOR SOCIAL WORK**

---

**Credits**     2  
**Hrs/Week**   3

**Objectives:**

- **Understand the human behaviour, emotions, feelings & attitudes**
- **Understand the basic concepts of psychology & its application in social work**
- **To provide basic awareness about psychiatric disorders**
- 

**Unit I** Psychology- Definition and Scope, Branches in psychology. Relevance of psychology in social work.

Basic psychological Concepts, their components, theories and process:  
Intelligence, Memory, Thinking, Emotions, Learning

**Unit II** Perception- Determinants of perception, Attitude-definition, formation of attitude, Motivation- Motivation Theories

**Unit III** Personality – Concept and Theories, Psychoanalytic theories of personality. Defense mechanisms.

**Unit IV** - Mental Health – Definition, characteristics and constituents

**Unit V** Mental Health Problems –A brief overview. Major and Minor Mental Disorders, Alcoholism, substance abuse, Psychosomatic Illnesses, Sexual deviations

1. General Psychology: (Vol. 1 & 2) – Ramnath Sharma & S.S.Chandra
2. Social Psychology: David G. Myers
3. Social Psychology: Eliot Aronson, Timothy D. Wilson & Robin M. Akert
4. Elements of social psychology: Kuppuswamy
5. Introduction to psychology: Morgon Clifford
6. Foundations in psychology: R M Verma & Shashilata Verma
7. Abnormal psychology Sarason and Sarason
8. Abnormal psychology S K Mangal.

---

**THIRD SEMESTER**  
**BSW 3 C 06 - GANDHIAN PHILOSOPHY OF SOCIAL WORKERS**

---

**Credits**     **2**  
**Hrs/Week**   **3**

**Objectives:**

- **To create insight about the basic concepts of Gandhi & his views on society, development, industrialization, economics & education**
- **To know the relevance of Gandhian philosophy & application of Gandhian model of development in dealing with social problems**

**Unit1-Foundations of Gandhian Thought**

A brief overview about Mahatma Gandhi's life. Foundations of Gandhian Social Thought. Influence of religions and philosophers. The experiences in his life. The basic values – truth, non –violence- eleven vows, seven social evils. Views about Man and society- Man as interpretation of god. Gandhiji's perceptions about society .

**Unit II Gandhian Views on Social Problems**

Elimination of social problems- Untouchability, Caste system, Problems of women, Alcoholism. The concept of trusteeship to eliminate economic inequality. Education- concept of Nai -Talim or Basic education

**Unit III-Gandhian Concept of Community Development**

The Concept of development- antyodaya, sarvodaya,  
Means to achieve Development: - Swadeshi, Panchayatraj, Constructive Programmes

**Unit IV Gandhian Economic Thought**

Ethical basis of economics, purity of means, simplicity of life, co-operation, bread labour-self-reliance-classless society  
Gandhiji's views on industrialization

**Unit V - Relevance of Gandhian Ideologies**

Reviewing the implementation of Gandhian ideologies in the contemporary world  
Film Reviews – “Gandhi”, review of the autobiography of Mahatma Gandhi “My Experiments with Truth”  
Visit to Rural development Agencies based on Gandhian ideologies( Gandhian Ashrams, Gandhi Smaraka Seva Kendras)

**Reference:**

1. Selected works of Mahatma Gandhi – (Vol. 1 –5).
2. Gandhian Sarvodaya: Thomas Vettickal
3. Gandhian Economics: Sreeman Narayan
4. Mahatma Gandhis World View: M.P Mathai, Gandhi Peace Foundation Trust
5. Reading Gandhi (Ed): Sujit Kaur Jolly Concept Publishing Delhi

---

**FOURTH SEMESTER**  
**BSW 4 B 05 WORKING WITH GROUPS & COMMUNITY**

---

**Credits**     4  
**Hrs/Week**   4

**Objectives:**

- **To understand the scope of Group Work in social work intervention**
- **To familiarize with group formation, group work process & evaluation**
- **Understand the elements of Community Organisation practice.**
- **Develop skills and attitudes for participatory community work.**

**Unit I** Social Group: Definition. Social group work- Historical Developments.

Objectives of group work. Principles of group work. **Group Work Process**

**Group formation, Stages group development**

**Unit II-** Communication Group dynamics, group morale Role of social worker in group work, **Skills of group worker** Referral services, interdisciplinary team work

**Unit III-**

Meaning & Definition of Community Organization. History of community organization. Objectives, principles & phases of Community organisation

**Unit IV –**

Methods of Community Organization-Fact finding; surveys, analysis, planning & evaluation. Concept of community participation, community empowerment **Role of community worker.** Community Development, difference between Community Development & Community Organisation

**Unit V -** Social Action- Concept & Definitions, Objectives, Principles, Methods & Strategies. Scope of social action in India. Social action & social problems. Role of social workers in social action

**Reference:**

1. Social Group Work- Principles & Practice: Harleigh B Trecker
2. Social Group Work- a Helping Process: Gisela Konopka
3. An Introduction to Group Work Practice: Toseland & Rivas
4. Community Organisation- Theory, Principles & Practice: Murray G Ross
5. Community Organisation process in India: P R Sengupta
6. Arthur Dunham: Community Welfare Organisation.
7. Encyclopaedia of Social Work in India (vol.I to IV) Govt. of India



**FOURTH SEMESTER****BSW 4 C 08 - COMMUNITY HEALTH & HEALTH CARE SERVICES**

<b>Credits</b>	<b>2</b>
<b>Hrs/Week</b>	<b>3</b>

**Objectives:**

- **To understand the concept of health & its various perspectives**
- **To familiarize with various health problems & its impact on communities**
- **To develop skills for planning and implementing community health programmes**
- **To study role of social workers in community health programmes**

**Unit I** Concept of Health- Definitions, Dimensions of health, determinants of health. Holistic Health.

Personal & environmental hygiene. Sanitation

Community health- definition & scope, Medical Model & Social Model

National Health Policy

**Unit II-** Nutrition & Balanced Diet- Constituents of food, Nutritional Deficiency Diseases.

Diet for pregnant women & lactating mothers, diet for infants & children

Food adulteration, Food Adulteration Act

**Unit III-** Concept of disease- epidemiology of disease, major health problems.

Immunisation

Communicable diseases, non-communicable diseases and life style diseases

**Unit IV-** Health Care Services- Preventive, Promotive, Curative & Rehabilitative aspects. Components of Primary health care.

Health care services in India.

Health education & communication

Community based rehabilitation

**Role of social worker in community health care services.**

**Unit V-** Public Health Administration. **Public Health programmes in India**

**Polio eradication programmes**

**T.B control programme**

**AIDS control programmes**

Problems of public health in India

**Reference:**

- |    |   |                                |
|----|---|--------------------------------|
| 1. | Textbook of Social and Preventive Medicine                  | Park and Park.                 |
| 2. | Principles of Community Medicine                            | B Sridhar Rao                  |
| 3. | A handbook of Preventive and Social Medicine                | Yash pal Bedi                  |
| 4. | Health & Family Welfare Programmes in Developing Countries: | Venkatesh Srinivasan           |
| 5. | Health & Illness:   | Michael Senior & Bruce Viveash |
| 6. | Nutrition & Child Development:                              | K E Elizabeth                  |

---

**FIFTH SEMESTER**  
**BSW 5 B 07 - SOCIAL WORK ADMINISTRATION**

---

**Credits 4**  
**Hrs/Week 5**

**Objectives:**

- **To study Voluntary Agency Administration**
- **To study legal aspects of Social Work Administration**
- **To create awareness about the various social welfare programmes implemented by Central & State Governments**

**Unit I** Social Work Administration.- Meaning and definition. Administration-Meaning, scope & principles. Organisation,. Management, Public Administration. Functions of social work administration

**Unit II-** Administrative process in welfare institutions- Planning, Organizing, Directing, Staffing, Coordinating. Financial administration- Budgeting, Fund raising, Accounting, Auditing. Public relations & reports, maintenance of files,

**Unit III-** Non- governmental organizations. Registration of Societies and Trusts., Constitution and byelaws. Societies Registration Act

Factors motivating voluntary action. National & International voluntary agencies. Problems of voluntary organisations

**Unit IV-**

Welfare programmes for Women, Children, Youth, Aged, Destitute & differently abled (Institutional & Non-Institutional), Social Welfare Programmes for SCs & STs., Integrated Child Development Services, Social security schemes of Central & State Governments, Kudumbashree

**Unit V** Social Welfare Administration in India- National level & State level Social Welfare Department- Functions and Programmes. Organizational structure, Programmes of Central Social Welfare Board

**Reference:**

1. Social Welfare Administration: Paul Choudhary
2. Social Welfare Administration: S L Goel & R Rajan
3. Encyclopedia of Social Welfare-  
Modern perspectives on Social Work: Anand Sirohi
4. Social Welfare Administration: Sachdeva
5. A new history of Social Welfare: Phyllis J Day

**FIFTH SEMESTER**  
**BSW 5 B 08- RURAL & URBAN COMMUNITY DEVELOPMENT**

**Credits 4**  
**Hrs/Week 5**

**Objectives:**

- **To understand the concepts and strategies of rural and urban community development.**
- **To understand various rural & urban development programmes**

**Unit I**

Community development- Concept, Philosophy & Methods  
Early experiments in Rural Community Development.  
Rural Community-meaning & characteristics

**Unit II-**

Rural Development Administration. Structure and Functions of Community Development Blocks  
Role of NGOs in Rural Development in India  
73<sup>rd</sup> Constitutional Amendment . Panchayath Raj, Structure and Functions.  
Decentralised planning

**Unit III-** Rural development programmes in the XIth Five year plan- JGSY, SGSY, SGRY, Pradhan Manthri Gram Sadak Yojana, Samagra Awaaz Yojana, PMGY, Annapoorna, and Innovative Scheme for Rural Housing & Habitat Development

**Unit IV-**

Origin & Growth of Cities- Industrialization, Urbanization & Modernization.  
Characteristics of urban communities. Growth of slums- cultural, political & social aspects of slum life.

**Unit V –** Urban Community Development- Concepts & Strategies. **Urban development programmes**

74<sup>th</sup> Constitutional Amendment & Municipal Act of Kerala – An Overview

**Reference:**

- |  |                    |
|--|--------------------|
| 1. Rural Development in India  | K R Gupta.         |
| 2. Urban Development   | B R Prasad.        |
| 3. Rural Sociology in India  | A R Desai.         |
| 4. Rural Development   | I Satya Sundaram.  |
| 5. Dynamics of Sustainable Rural Development: Raghava Reddy and P Subramanyan    |                    |
| 6. Rural Development in India-Emerging Issues & Trends: N Lalitha                |                    |
| 7. New Panchayath Raj System-<br>Local Self-Government in Community Development: | V Sudhaker         |
| 8. Panchayath Raj in India Theory & Practice:<br>Rajneesh                        | S L Goel & Shalini |
| 9. The Rural Urban Continuum:  | S E Bhatia         |
| 10. Urban Community Development:   | Jacob Z Thudipara  |
| 11. Urban Development in India;  | B Bhattacharya     |

**FIFTH SEMESTER**  
**BSW 5 B 09- SOCIAL WORK RESEARCH & STATISTICS**

**Credits     4**  
**Hrs/Week   6**

**Objectives:**

- **To develop a scientific approach for systematic procedure in social work research**
- **To familiarize with various statistical techniques for analyzing data**

**Unit I.** Social Research & Social Work research- scope and need  
Scientific methods - Theory, concepts & variables.

**Unit II-** Research Designs, features and types. Exploratory, Descriptive, Diagnostic, Survey & Case Study. Quantitative & Qualitative research. Literature review

**Unit III-**Research methodology- Identification -Problem Formulation-, Objectives, Hypothesis, Concepts, Definitions  
Sampling- Definition and techniques

**Unit IV-** Data Collection- Sources of Data. Methods & tools of data collection. pretest.  
Processing of data- Editing, Coding, Tabulation, Graphical & diagrammatic Representation

**Unit V** –Importance of Statistics in social work research, Measures of central tendency, Measures of dispersion, Measures of correlation, Writing a scientific paper, Use of computer in research , introduction to SPSS.  
Preparing research proposal.

**Reference:**

- |  |                         |
|--|-------------------------|
| 1. Research for social workers-<br>an introduction to methods<br>Brutes. | Margaret Alston Wending |
| 2. Statistical methods   | S P Gupta.              |
| 3. Research methodology- methods and techniques                          | C R Kothari.            |
| 4. Social work research:   | D'cruz, Jones           |
| 5. Social research methods:  | David Dooley            |
| 6. Research methods:   | Ram Ahuja               |
| 7. Scientific social surveys & research:                                 | Young                   |

**FIFTH SEMESTER**  
**BSW 5 D 01 - COMMUNITY HEALTH & HEALTH EDUCATION**

**Credits**     2  
**Hrs/Week**   3

**Objectives:**

- **To understand the concept of health & its various perspectives**
- **To familiarize with various health problems & its impact on communities**

**Unit I** Concept of Health- Definitions, Dimensions of health, determinants of health. Holistic Health.

Personal & environmental hygiene. Sanitation

Community health- definition & scope, Medical Model & Social Model

National Health Policy

**Unit II-** Nutrition & Balanced Diet- Constituents of food,

Nutritional Deficiency Diseases.

Diet for pregnant women & lactating mothers, diet for infants & children

Food adulteration, Food Adulteration Act

**Unit III-** Concept of disease- epidemiology of disease, major health problems.

Immunisation

Communicable diseases, non-communicable diseases and life style diseases

**Unit IV-** Health Care Services- Preventive, Promotive, Curative & Rehabilitative aspects. Components of Primary health care.

Health care services in India.

Health education & communication

Community based rehabilitation

Role of students and educational institutions in community health care services.

**Unit V-** Public Health Administration. Public Health programmes in India

Polio eradication programmes

T.B control programme

AIDS control programmes

Problems of public health in India

**Reference:**

- |     |   |                                |
|-----|---|--------------------------------|
| 7.  | Textbook of Social and Preventive Medicine                  | Park and Park.                 |
| 8.  | Principles of Community Medicine                            | B Sridhar Rao                  |
| 9.  | A handbook of Preventive and Social Medicine                | Yash pal Bedi                  |
| 10. | Health & Family Welfare Programmes in Developing Countries: | Venkatesh Srinivasan           |
| 11. | Health & Illness:   | Michael Senior & Bruce Viveash |
| 12. | Nutrition & Child Development:                              | K E Elizabeth                  |

---

**FIFTH SEMESTER**  
**BSW 5 D 02 -ESSENTIAL LEGAL INFORMATION**

---

**Credits : 2**  
**Hrs/week : 3**

**Objectives:**

- **To provide an overview of social legislation and familiarize students with pertinent legislations**
- **To educate the students about the existing judicial system & its functioning**

**Unit I** Social Legislation, Social Justice, Social Defense

Indian Constitution- Preamble, Fundamental Rights, Directive Principles and Fundamental Duties.

**Unit II-** Indian Judicial system

Courts- Civil Courts, Criminal Courts, Family Courts, Juvenile Courts. Prisons-, Probation, Parole, Criminal Procedure Code and Indian Penal Code Criminology,

**Unit III-**

Personal Laws- Marriage, divorce and Adoption legislations for Hindus, Muslims and Christians, Special Marriage Act

**Unit V** – Legal Aid, Lok Adalats

Public Interest Litigation, Human rights- Human Rights Commission, Women's Commission, Child Rights

**Unit IV-** Laws for the protection and care of Women, Children, Disabled, SC/ST Social security Legislations- Maternity Benefits Act, ESI Act, Factories Act, Workmen's Compensation Act

**Reference:**

1. Introduction to the Constitution of India      Brig kishore Sharma.
2. Handbook of Human Rights                      Jayant Chaudhary
3. Family Law    I A Saiyed.
4. Bare Acts of various legislations.
5. Social Legislation in India:                        Gangrade K D
6. Social Policy & Social Development in India: Kulkarni P D
7. Encyclopaedia of Social Work in India

---

**FIFTH SEMESTER**  
**BSW 5 D 03 - GENDER AND DEVELOPMENT**

---

Credits : 2

Hrs/week : 3

**Objectives:**

- **To understand key concepts, issues in gender and development**
- **To give awareness about reciprocal relationship between women & men in society**
- **To create awareness about the magnitude of gender disparities in the present context**

**Unit I** Gender – Definition and related concepts : Sex and Gender, Gender Stereotypes, Gender statistics, Gender Bias, Feminism, Women Empowerment, Women Studies

**Unit II-** Status & Role of women- Women & Family, Women & Religion, Women & Education, Women & Economy, Women & Media, Women & Environment, Women & Health

Changing role & status of women in India & Kerala.

**Unit III-** Gender issues & legislation for women- problems of destitutes, widows, unwed mothers, single women, girl children, working women. Domestic violence, dowry death, sexual exploitation, female infanticide

**Unit IV-** Women & Kerala society- Kerala model of development- Implications for women in family, education, employment, economy, politics, and environment, Impact of Globalisation on women

**Unit V-** Programmes for the development of women- Programmes of Central & State Governments. Legislation to protect the interests of women. National & State Commission for Women.

**Reference:**

- |    |                                  |   |
|----|----------------------------------|---|
| 1. | Women & Society:                 | G.Vijayaswari Rao   |
| 2. | Gender Studies:                  | Anne Cranny Francis, Vendy,<br>Waring , Pan<br>Stavropoulos |
| 3. | Women & Indian Society:          | Andal N   |
| 4. | Social Status of Women in India: | Maya Majundar   |
| 5. | Indian Women through the ages:   | S.K. Gosh   |
| 6. | Women in a Developing Society:   | Usha Rao  |
| 7. | Women & The Law:                 | Srivastav T.N   |

---

**SIXTH SEMESTER**  
**BSW 6 B 11- PROFESSIONAL SKILL DEVELOPMENT**

---

**Objectives:****Credits 4****Hrs/Week 5**

- **To develop communication, public speaking, listening skills in students**
- **To develop students as trainers or resource person in conducting training programmes**

**Unit I** Human Resources- Definition, Importance. Value of the individual, Human Resource Development

**Unit II-** Personality Development- Role of Heredity & Environment. Personality types- Extroverts & Introverts. Theories of personality development. Determinants of personality. Role of family, school in personality development. Components of personality development. Self-awareness, self esteem

**Unit III-**

Communication process in Social Work- meaning, types- verbal & nonverbal communication. Importance of body language. Interpersonal communication. Barriers to effective communication

Listening- importance, causes of poor listening, strategies of effective listening, selective listening. Effective Public Speaking & Presentation Skills- Practical sessions Introduction to Transactional analysis

**Unit IV-**

Management of Time

Career Guidance and career counseling. Interview- types, characteristics, principles techniques of interviewing, facing an interview

Participatory Training Methodology :Planning, Conducting & Evaluating Training programmes, Group discussions, Seminars, Workshops, Camps, Conferences, Meetings

**Unit V –Leadership skills**

Stress management

Emotional Intelligence- Importance, EQ & IQ- Assessment. Components of EQ. Positive mental attitude. Factors influencing positive mental attitude. Measures to develop positive mental attitude.

**Reference:**

- |  |                     |
|--|---------------------|
| 1. Time management and personality development | John Adair.         |
| 2. Principle centered leadership               | Stephen R covey     |
| 3. Personality and development                 | Vijay Pratap Singh. |
| 4. Secrets of Mind Power:                      | Harry Lorayne       |
| 5. Understanding emotional intelligence, IQ:   | Dr. Jyotsana Codaty |
| 6. Count your chickens before they hatch:      | Arindam Chaudhuri.  |
| 7. Use your memory                             | Tony Buzan.         |
| 8. Emotional intelligence                      | Daniel Goleman.     |
| 9. Working with emotional intelligence         | Daniel Goleman      |

---

**SIXTH SEMESTER**  
**BSW 6 B 12- LEGAL INFORMATION FOR SOCIAL WORKERS**

---

**Credits**      4  
**Hrs/Week:**    5

**Objectives:**

- **To provide an overview of social legislation relevant to social work practice**
- **To educate the students about the existing judicial system & its functioning**

**Unit I** Social Legislation, Social Justice, Social Defense

Indian Constitution- Preamble, Fundamental Rights, Directive Principles and Fundamental Duties.

**Unit II-** Indian Judicial system

Courts- Civil Courts, Criminal Courts, Family Courts, Juvenile Courts. Prisons-, Probation, Parole, Criminal Procedure Code and Indian Penal Code Criminology,

**Unit III-**

Personal Laws- Marriage, divorce and Adoption legislations for Hindus, Muslims and Christians, special marriage act

**Unit V –** Legal Aid, Lok Adalats, Public Interest Litigation, Human rights- Human Rights Commission, Women's Commission, child rights, Judicial Activism

**Unit IV-** Laws for the protection and care of Women, Children, Disabled, SC/ST Social security Legislations- Maternity Benefits Act, ESI Act, Factories Act, Workmen's Compensation Act

**Reference:**

1. Introduction to the Constitution of India      Brig Kishore Sharma.
2. Handbook of Human Rights                      Jayant Chaudhary
3. Family Law    I A Saiyed.
4. Bare Acts of various legislations.
5. Social Legislation in India:                      Gangrade K D
6. Social Policy & Social Development in India: Kulkarni P D
7. Encyclopaedia of Social Work in India

**THIRD SEMESTER**  
**BSW 6 B 13- FAMILY LIFE EDUCATION**

**Credits 4**  
**Hrs/Week 5**

**Objectives:**

- **To familiarize with various aspects related to family life**
- **To develop life skills in students**
- **To equip students with the skills to deal with family problems**

**Unit I** Family Life Education- Concept & Meaning. Importance of family life education. Role of home, school and religion in imparting family life education. Family- Importance of family, Family in the changing society.

**Unit II- Life skills – Components. Practice sessions in life skills development.**

**Unit III-** Reproductive system and health : Male and female reproductive systems, its functioning. Sexual development. Conception, pregnancy and delivery.

Family Planning : methods, use of contraceptives. Abortion. Medical Termination of Pregnancy Act

**Unit IV-** Human sexuality. Importance of sex in family life. Functions of sex-reproduction, recreation and relational aspects of sex. Sex & love.

**Unit V- Marriage & Parenthood- Importance of marriage, Common concerns- arranged marriage & love marriage. Living together, individual differences. Problems and adjustments, accepting and respecting each other, communicating difficult feelings, Premarital Counselling**

**Moral, cultural & social values in family life. Marital life & role expectations**

**Divorce- psychosocial effects of divorce and Separation**

**Reference:**

1. The psychology of women Margaret W Matlin
2. The adolescent development, relationship and culture F Philip Rice.
3. Family in India Krishna Chakraborty.
4. Self care for women Parul R Sheth
5. Human sexual response: Masters & Johnson
6. Women's reproductive health in India:  
Radhika Ramasubban, Jeejebhoy,  
Shireen J
7. The essentials of contraceptive technology-a Handbook for clinical staff: John Hopkins Population Information Programme
8. Men are from Mars and Women are from Venus. John Gray.
9. Family Dynamics Aruna  
Khasgiwala.

---

**SIXTH SEMESTER**  
**BSW 6 E 01 - GENDER & DEVELOPMENT**

---

**Credits :2**  
**Hrs/Week : 3**

**Objectives:**

- **To understand key concepts, issues in gender and development**
- **To give awareness about reciprocal relationship between women & men in society**
- **To create awareness about the magnitude of gender disparities in the present context**

**Unit I** Gender – Definition and related concepts : Sex and Gender, Gender Stereotypes, Gender statistics, Gender Bias, Feminism, Women Empowerment, Women Studies

**Unit II-** Status & Role of women- Women & Family, Women & Religion, Women & Education, Women & Economy, Women & Media, Women & Environment, Women & Health

Changing role & status of women in India & Kerala.

**Unit III-** Gender issues & legislation for women- problems of destitute, widows, unwed mothers, single women, girl child, working women. Domestic violence, dowry death, sexual exploitation, female infanticide

Legislation to protect the interests of women.

National & State Commission for Women.

**Unit IV-** Women & Kerala society- Kerala model of development- Implications for women in family, education, employment, economy, politics, and environment, Impact of Globalisation on women

**Unit V-** Programmes for the development of women- Programmes of Central & State Governments.

Role of NGOs in the empowerment of women

**Reference:**

- |                                     |  |
|-------------------------------------|--|
| 1. Women & Society:                 | G.Vijayaswari Rao                                    |
| 2. Gender Studies:                  | Anne Cranny Francis, Vendy, Waring, Pan Stavropoulos |
| 3. Women & Indian Society:          | Andal N  |
| 4. Social Status of Women in India: | Maya Majundar  |
| 5. Indian Women through the ages:   | S.K. Gosh  |
| 6. Women in a Developing Society:   | Usha Rao   |
| 7. Women & The Law:                 | Srivastav T.N.                                       |

---

**SIXTH SEMESTER**  
**BSW 6 E 02- SOCIAL MOVEMENTS & SOCIAL DEVELOPMENT**

---

**Credits**     2  
**Hrs/Week**   3

**Objectives:**

- **To develop a meaningful understanding about past & present social movements**
- **To equip students to examine social realities from different perspectives**
- **To familiarize with the contemporary discourse on social movements & social development**

**Unit I** Social Movements: Concept & Types of movements.

**Unit II-** Social movements in India & Kerala: Peasant movement- Tribal movement  
Dalit movements- Backward class/caste movement

**Unit III** -Women's movement- Industrial working class movement, Student's movements, Middle class movements, Human Rights & Environmental movements, Social movements in the context of Globalisation

**Unit IV-** Social Development- meaning.

Indicators of Social Development, Social work & Social Development

Social policy & Social Development

**Unit V-** Social Capital & Social Development, Social Movements & Social Development

Problems of Social Development in India Kerala model of Social Development: concept, problem and challenges. Development statistics

**Reference:**

1. Social Development – Challenges faced in an Unequal and Plural Society: M.S. Gore
2. Social Development in an Indian sub Continent: H.Y. Siddiqu
3. Social Development in Rural India: S.K. Pant & Janaf Pandey
4. Investigating Social Capital – Comparative Perspective on Civil Society, Participation and Governance Sanjeev Prakash
5. Social Movement in India – A Review of Literature Ghanashyam
5. Nation, Civil Society and Social Movements- Essays on Political Sociology: T.K. Oommen
7. Social Movements and the State: Ghanashyam Shah

---

**SIXTH SEMESTER**  
**BSW 6 E 03 - SOCIAL WORK WITH ELDERLY**

---

**Credits :2**  
**Hrs/Week : 3**

**Objectives**

- **To understand the concepts of aging, gerontological care and Social Work**
- **To understand the problems faced by aged.**
- **To study the role of Social Work interventions in caring for the Aged**

**Unit I - Basic Concepts : Old Age, Aging and Ageism**

Characteristics of old age, Physical, social, emotional changes

Personal, social, vocational and marital adjustments

Problems and Hazards –

**Unit II Problems of aging : Sociological and Psychological perspective**

Family and elderly

Social and vocational rehabilitation

Policy, programmes and services for elderly

**Unit III Gerontological Social Work**

Role of social worker in the care of elderly

Interdisciplinary team in Geriatric Care

**Unit IV Components of Gerontological Social Work**

New patient assessment, Medical and Social Concerns, Living situation, education and work history, Family composition, Social supports, substance use, spirituality, activity level and mental health

Family assessment, providing solutions to care giver burden, common problems in psychotherapy with the elderly

**Unit V Components of Gerontological Care Management in Social Work**

Community Based programmes

Individual Treatment Methods

Support groups for older adults – qualities of effective groups

**Reference:**

1. Developmental Psychology – a life span Approach : Elizabeth b. Hurlock
2. Aging and Aged: A source Book : Chowdhary Paul D.
3. Practice with Elder : Parsons, Ruth

